



What the World Needs Now...

Greetings from Niagara on the Lake!

February—the month where love is celebrated in all its fullness.

It's true that a lot of attention gets placed on Valentine's Day, but let's set the intention to send love to the planet, to enjoy each day, to count our blessings, to cherish our friends and family, and especially, to honour and love ourselves!

We are powerful creators. If we take time each day to stop and just hold the planet in our mind's eye and beam love, it will make a difference. With a smile, a kind word, a act of generosity, a show of compassion, people's lives can be transformed.

We are delighted to bring you this issue of The Halo. Check out the Angel message, affirmations, and more.

Blessings,
Deb and Jean

January Affirmations

Love and peace surround me.

I attract wonderful things into my life now.

Every day brings happy blessings.

Joy fills my heart. I am embraced by Divine Love.



The Star Lighter's Circle

Star Lighters join together through intention to change the world by spreading the energy of love, compassion, peace, and joy. Whether you choose to pray, to meditate, or to work as an activist to spread these beautiful energies, know that you are joined by others with the same focus.

This month, we ask everyone to be mindful of water and use it to spread the loving energies to those areas of the world experiencing trial or struggle. Through evaporation, the water you pour onto your garden travels the world. By blessing that water intentionally, the water carries your blessing energy with it.

When you use water this month or simply fill a glass and pour it onto the ground, take a moment to set your intention that wherever these molecules of water travel, they will bless every living creature and the planet. They will bring peace and compassion, justice and healing wherever they go. Then let the water flow – it will always end up in the atmosphere and carry your generous offering to all.



NEW

Wordscopes:

Watchwords for Each Sign

Each month, Jean (and the angels) pull cards to correspond to each astrological sign. These words work with your intuition and spirit, serving as watchwords to spark ideas, act as touchstones, and bring direction throughout the month.

Check your sign for the watchword for this month. Spend some time in reflection. Ask yourself, “How is this energy active in my life? How can I focus it for my and others’ benefit?”

Especially, consider your word in light of the Angels’ theme word for this month: Synthesis.

You may wish to journal your thoughts.

Angels’ Theme Word for February: Synthesis

Aries (March 21 – April 19) Honesty

Taurus (April 20 – May 20) Purity

Gemini (May 21 – June 20) Reflect

Cancer (June 21 – July 22) Delight

Leo (July 23 – August 22) Change

Virgo (August 23 – September 22) Balance

Libra (September 23 – October 22) Willingness

Scorpio (October 23 – November 21) Understanding

Sagittarius (November 22 – December 21) Renewal

Capricorn (December 22 – January 19) Integrity

Aquarius (January 20 – February 18) Responsibility

Pisces (February 19 – March 20) Simplicity

Angel Message for February



Angel word for the month: Synthesis

Dear Ones,

This month, we ask you to consider synthesis, the creation of a satisfying unity through the blend of smaller elements. This may seem an odd concept to employ this month.

Worldly life is, as you know through experience, a matter with many aspects: relationships, health, work, finance, homemaking, caretaking, and so on. These are handled using the wisdom and traditions of family, religious or spiritual group, the society in which you live, and the world at large. Always, you are cautioned to remember to take time for rest and for leisure activities.

Each of these elements often function as independent, separate parts of life. The result is a life in which the person is constantly changing hats, so to speak, to fulfill the duties of an individual element of life. How can this be anything but stressful?

The key to managing so many responsibilities peacefully is to address each under an over-riding principle. This may be a quality you admire or a perspective that has meaning for you. If, for example, you operate under the quality of grace, then every task becomes a means through which you grow in gracefulness and extend grace to those around you. If you have perspective that all things work for good, then every task becomes a way for good to come to you and others.

What quality or perspective do you admire? This month, bring it to bear on your many tasks and see how you grow in peace. You are blessed.

Specials:

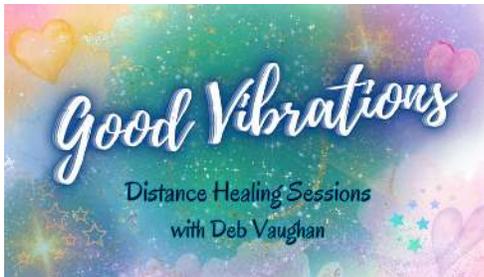
For the month of February, Jean is offering a **Leap Year Tarot Email Reading** for \$29.

This is a quick, one question/one card/one page reading delivered by email.

For best results, make your question specific with any pertinent details you wish to be considered in the reading. To get yours, just email theangelladies@sympatico.ca.

Distance Healing Session with Deb

This month, Deb is offering a 30-minute healing session on Zoom for \$60 (regularly \$100) Just send an email to theangelladies@sympatico.ca with the code word "heal" for the discount and set up your session. For more information, visit <https://www.theangelladies.com/goodvibrations>



The Halo is published monthly by Deb and Jean, The Angel Ladies, Niagara-on-the-Lake, Ontario.

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